

# APPARENT VISCOSITY AND FIRST NORMAL STRESS OF STARCH DISPERSIONS: ROLE OF CONTINUOUS AND DISPERSED PHASES, AND PREDICTION WITH THE GODDARD-MILLER MODEL

DIEGO B. GENOVESE AND M. A. RAO\*

Department of Food Science and Technology, Cornell University-Geneva,  
Geneva, NY 14456-0462, USA

\* Email: mar2@cornell.edu  
Fax: x1.315.787.2284

Received: 6.12.2002, Final version: 23.4.2003

## ABSTRACT:

Apparent viscosity,  $\eta_a$ , and first normal stress coefficient,  $\psi_1$ , of six different concentrations of cross-linked waxy maize (CWM), 3.5-5 % w/w, and tapioca, 2.8-4 % w/w, starch dispersions (SDs) showed power law relationships with shear rate,  $\dot{\gamma}$ , and increased with starch concentration. In both  $\eta_a$  and  $\psi_1$ , volume fraction of the granules,  $\phi$ , played a more important role than the amylose content of the continuous phase. Slope of  $\eta_a$ - $\dot{\gamma}$  curves increased mildly with starch concentration, while slope of  $\psi_1$ - $\dot{\gamma}$  curves was almost the same for CWM at all concentrations and 4 % tapioca SDs. Values of  $\eta_a$  and  $\psi_1$  predicted from dynamic rheological and apparent viscosity data based on the Goddard-Miller model were in reasonable agreement with experimental values.

## ZUSAMMENFASSUNG:

Die scheinbare Viskosität,  $\eta_a$ , und der erste Normalspannungskoeffizient,  $\psi_1$ , von sechs Stärkedispersionen (SDs) verschiedener Konzentration von 3.5-5% w/w vernetztem wachsartigem Mais (CWM), und 2.8-4% w/w Maniok zeigten ein Potenzgesetzverhalten in Abhängigkeit von der Scherrate,  $\dot{\gamma}$ , und einen Anstieg in Abhängigkeit der Stärkekonzentration. Sowohl  $\eta_a$  als auch  $\psi_1$  wurde vom Volumenanteil der Körner,  $\phi$ , stärker beeinflusst als vom Amyloseanteil der kontinuierlichen Phase. Die Steigung der  $\eta_a$ - $\dot{\gamma}$  Kurven vergrößerte sich ein wenig mit der Stärkekonzentration, während die Steigung der  $\psi_1$ - $\dot{\gamma}$  Kurven fast identisch war für CWM bei allen Konzentrationen und 4% Maniok SDs. Die Werte von  $\eta_a$  und  $\psi_1$ , welche aus dynamischen rheologischen Daten und scheinbaren Viskositätswerten basierend auf dem Goddard-Miller Model vorhergesagt wurden, waren in guter Übereinstimmung mit den experimentellen Werten.

## RÉSUMÉ:

La viscosité apparente,  $\eta_a$ , et le premier coefficient de contrainte normale,  $\psi_1$ , de dispersions d'amidon avec six concentrations différentes de cire de maïs réticulée (CWM), 3.5-5%w/w, et de tapioca, 2.8-4%w/w, montrent des relations de loi de puissance avec la vitesse de cisaillement,  $\dot{\gamma}$ , et augmentent avec la concentration en amidon. Pour  $\eta_a$  et  $\psi_1$ , la fraction volumique des granules,  $\phi$ , joue un plus grand rôle que la teneur en amylose dans la phase continue. La pente des  $\eta_a$ - $\dot{\gamma}$  courbes augmente légèrement avec la concentration en amidon, tandis que la pente des  $\psi_1$ - $\dot{\gamma}$  courbes est presque la même pour la CWM à toutes les concentrations et 4%w/w de tapioca SD. Les valeurs de  $\eta_a$  et  $\psi_1$ , prédites à partir des données de la rhéologie dynamique et de la viscosité apparente, basées sur le modèle de Goddard-Miller sont en raisonnable accord avec les valeurs expérimentales.

**KEY WORDS:** starch dispersions, apparent viscosity, first normal stress, granules, amylose

## 1 INTRODUCTION

Starch is widely used in the food industry as a thickening agent. It is mainly composed of two polymers: amylose and amylopectin, which exist together in the form of granules. Starch granules hydrate only slightly in cold water but when the starch-water mixture is heated above the gelatinization temperature, the granules absorb large amounts of water, swelling to several times their initial size and leaching out some amylose into the solution. Upon cooling the starch dis-

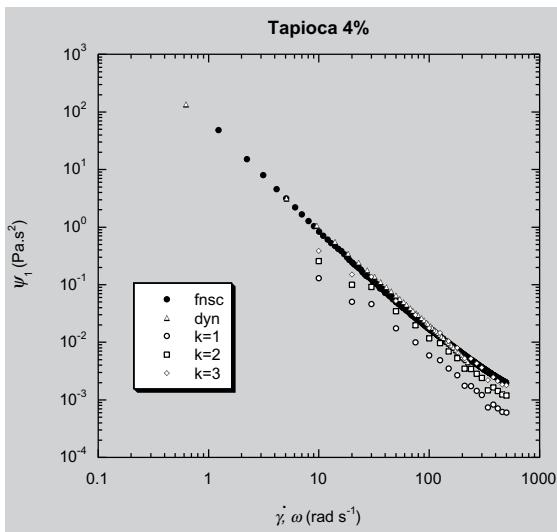
persion (SD) forms a strong or weak gel, depending on the type of starch and its concentration.

Gelatinized SDs can be considered to be composites of swollen granules embedded in a continuous amylose network. The complex rheological behavior of a SD depends on the characteristics of the continuous and the dispersed phases, as well as the interactions between them [1 - 5]. Viscosity of SDs is strongly influenced by swelling of starch granules, which in turn

© Appl. Rheol. 13 (2003) 183-190

This is an extract of the complete reprint-pdf, available at the Applied Rheology website  
<http://www.appliedrheology.org>

This is an extract of the complete reprint-pdf, available at the Applied Rheology website  
<http://www.appliedrheology.org>



## 4 CONCLUSIONS

Viscosity was strongly influenced by the volume fraction of the granules, while the continuous phase played a secondary role. At the same volume fraction of granules, the viscosity of the SD increased with the rigidity of the starch granule. Decrease in apparent viscosity with shear rate was more pronounced when granules were more close - packed, probably due to increase in the number of particle-particle interactions. Experimental values of apparent viscosity were between those of complex viscosity and apparent viscosity predicted from dynamic rheological data using Eq. 2.

Normal stresses were detected in CWM (3.5 - 5 % w/w) and tapioca (3.5 - 4 % w/w): an increase with concentration is observed. Double logarithmic plots showed a linear decrease of first normal stress coefficient with shear rate with almost the same slope for all the SDs except 3.5 % and 3.8 % tapioca. Amylose content in the continuous phase moderately increased the first normal stress coefficient but results indicated that the dispersed phase is more important. Experimental values of first normal stress coefficient were between those predicted from dynamic rheological data (Eq. 4), and from apparent viscosity - shear rate data (Eq. 5) but were also dependent on the empirical factor  $K$ .

## ACKNOWLEDGMENT

Author Genovese is grateful for an International Fellowship from CONICET, Argentina. We thank John Barnard for statistical analysis.

## REFERENCES

- [1] Evans ID, Haisman DR: Rheology of Gelatinised Starch Suspensions, *J. Text. Stud.* 10 (1979) 347-370
- [2] Eliasson AC: Viscoelastic behavior during the gelatinization of starch, *J. Text. Stud.* 17 (1986) 253-265
- [3] Doublier JL et al.: A rheological investigation of cereal starch pastes and gels, effect of pasting procedures, *Carbohydr. Polym.* 7 (1987) 251-275
- [4] Carnali JO, Zhou Y: An examination of the composite model for starch gels, *J. Rheol.* 40 (1996) 221-234
- [5] Genovese DB, Rao MA: Role of Starch Granule Characteristics (Volume Fraction, Rigidity and Fractal Dimension) on the Rheology of Starch Dispersions with and without Amylose, *Cereal Chem.* (Accepted).
- [6] Bagley EB, Christianson DD: Swelling capacity of starch and its relationship to suspension viscosity effect of cooking time, temperature and concentration, *J. Text. Stud.* 13 (1982) 115-126.
- [7] Steeneken PAM: Rheological properties of aqueous suspensions of swollen starch granules, *Carbohydr. Polym.* 11 (1989) 23-42
- [8] Tattiyakul J, Rao MA: Rheological behavior of cross-linked waxy maize starch dispersions during and after heating, *Carbohydr. Polym.* 43 (2000) 215-222
- [9] Rao MA, Tattiyakul J: Granule size and rheological behavior of heated tapioca starch dispersions, *Carbohydr. Polym.* 38 (1999) 123-132
- [10] Ring SG: Some Studies on Starch Gelation, *Starch/Stärke.* 37 (1985) 80-83
- [11] Dail RV, Steffe JF: Rheological characterization of crosslinked waxy maize starch solutions under low acid aseptic processing conditions using tube viscometry techniques, *J. Food Sci.* 55 (1990a) 1660-1665
- [12] Rao MA: *Rheology of Fluid and Semisolid Foods: Principles and Applications*, Aspen Publishers, Gaithersburg, MD (1999).
- [13] Youn K-S, Rao MA: Rheology and Relationship Among Rheological Parameters of Cross-Linked Waxy Maize Starch Dispersions Heated in Fructose Solutions, *J. Food Sci.* 68 (2003) 187-194.
- [14] Bird RB et al.: Co-rotational rheological models and the Goddard expansion, *AIChE Journal* 20 (1974) 1041-1066
- [15] Ross-Murphy SB: *Rheological methods*, in *Bio-physical methods in food research*, Blackwell Scientific Publications, Oxford, England (1984).
- [16] Bhattacharya M, Padmanabhan M: Evaluation of the hole pressure method to measure the first normal stress difference of corn meal dough during extrusion cooking, *J. Text. Stud.* 25 (1994) 241-265

Figure 6: First normal stress coefficient from flow test down curve (fnsc), first normal stress coefficient predicted with Eq. 4 (dyn), and first normal stress coefficient predicted with Eq. 5 using different values of the empirical factor  $K$  ( $K = 1$ ,  $K = 2$ ,  $K = 3$ ) for tapioca at 4 % w/w.

- [17] Bird RB et al.: Dynamics of polymeric Liquids (Chapter 7), John Wiley, New York (1977).
- [18] Ellis HS et al.: A comparison of the Viscous Behavior of Wheat and Maize Starch Pastes, *J. Cereal Sci.* 10 (1989) 33-44
- [19] Tester RF, Morrison WR: Swelling and Gelatinization of Cereal Starches. I. Effects of Amylopectin, Amylose and Lipids, *Cereal Chem.* 67 (1990) 551-557
- [20] Abdel-Khalik SI et al.: Prediction of melt viscosity from viscosity data, *Polym. Eng. Sci.* 14 (1974) 859-867
- [21] Chamberlain EK: Characterization of heated and thermally processed cross-linked waxy maize starch utilizing particle size analysis, microscopy and rheology, MS thesis, Cornell University, Geneva, NY (1996).
- [22] Rolee A, Le Meste M: Thermomechanical Behavior of Concentrated Starch-Water Preparations, *Cereal Chem.* 74 (1997) 581-588
- [23] Reddy I, Seib PA: Modified Waxy Wheat Starch Compared to Modified Waxy Corn Starch, *J. Cereal Sci.* 31 (2000) 25-39
- [24] Dickie AM, Kokini JL: Use of the Bird-Leider equation in food rheology, *J. Food Process Eng.* 5 (1982) 157-184.



This is an extract of the complete reprint-pdf, available at the Applied Rheology website  
<http://www.appliedrheology.org>